



An Employer's Guide to Child and Adolescent Mental Health- Webinar for Health Plans

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on Health

- *An Employer's Guide to Behavioral Health Services* released in 2005
- Need for information about child & adolescent behavioral health
- Advisory Council convened in 2008 to develop recommendations for employer-sponsored health insurance

Purpose and Layout of the *Guide*

- Designed to help employers improve the delivery of child & adolescent behavioral health services and provide services for family caregivers
- Part I: Background, Epidemiology, Cost
- Part II: Current state of child & adolescent behavioral health treatment, recommendations for action

NBGH Publication (<http://www.businessgrouphealth.org>):

- *An Employers Guide to Child and Adolescent Mental Health*

NBGH Webinar:

- *Are children's mental health disorders affecting your bottom line?*

NIHCM Publications (<http://www.nihcm.org>):

- *Improving Early Identification & Treatment of Adolescent Depression: Considerations & Strategies for Health Plans*
- *Strategies to Support the Integration of Mental Health into Pediatric Primary Care*

NIHCM Webinars:

- *Improving Early Identification & Treatment of Adolescent Depression: Considerations & Strategies for Health Plans*
- *Pediatric Mental Health Care: Strategies to Integrate Early Identification and Treatment into Primary Care*

Today's Speakers

- Joseph F. Hagan Jr., MD, FAAP, Primary Care Pediatrician, Burlington, VT; Representative, **American Academy of Pediatrics**
- Christopher Dennis, MD, MBA, Chief Medical Officer, Commercial Division and Vice President, Regional Medical Director, **ValueOptions**

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