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Resources for Employers

Maternal and Child Health Benchmarking Crosswalk

Maternal and Child Health Plan Benefit Model Recommendations	HEDIS® 2007 Measures	NCQA 2006 & 2007* State of Health Care Quality % of beneficiaries in the commercially-insured population who received service (2004-2006)	Healthy People 2010 Goals
CATEGORY: PREVENTIVE SERVICES			
<p>Well-Child Services Medical services designed to promote and protect the health of infants, children, and adolescents. These services include comprehensive health assessments; age appropriate screening, counseling, preventive medication, and preventive treatment; parent and child education; and anticipatory guidance.</p>	<ul style="list-style-type: none"> Well-child visits in the first 15 months of life Well-child visits in the third, fourth, fifth and sixth years of life Adolescent well-care visit 	<ul style="list-style-type: none"> Well-child visit (15 months) 6 or more visits: 72.9%* Well-child visit (3, 4, 5, and 6 years of age): 66.7%* Well-child care (adolescent): 40.3%* 	<p>Lead, 1994: 4.4% of children aged 1 to 5 years have blood lead levels exceeding 10 mg/dL Lead, 2010 target: reduce proportion to 0%</p> <p>Hearing, 2001: 66% of newborns receive screenings for hearing loss before age 1 month, 56% receive audiologic evaluation before age 3 month, and 57% are enrolled in appropriate intervention services by age 6 months Hearing, 2010 target: increase the proportion of newborns who are screened for hearing loss by age 1 month to 90%, have audiologic evaluation by age 3 months to 70%, and are enrolled in appropriate intervention services by age 6 months to 85%</p> <p>Tobacco use, 2002: 26% of adolescents in 12th grade smoke Tobacco use, 2010 target: reduce smoking rate to 16%</p>

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CATEGORY: PREVENTIVE SERVICES			
<p>Immunizations Screening for susceptibility to vaccine preventable diseases, immunizations, and related services.</p>	<ul style="list-style-type: none"> • Childhood immunization status • Adolescent immunization status 	<ul style="list-style-type: none"> • Child immunizations (combination 2): 77.7% • Childhood immunization for chickenpox (VZV): 89.9% • Adolescent immunizations status (combination 2): 53.7% • Adolescent immunization for chickenpox (VZV): 60.2% 	<p>Infant hepatitis B, 1998: 87% of children aged 19 to 35 months received 3 doses Infant hepatitis B, 2010: increase the proportion to 90%</p> <p>Hepatitis B, 1995: 1,682 chronic hepatitis B virus infections in children under age 2 years were reported Hepatitis B, 2010 target: reduce chronic hepatitis B virus infections in infants and young children (perinatal infections) to 400 infections</p> <p>Child immunization series, 1998: 73% of children aged 0 to 12 years received all vaccines that had been recommended for universal administration for at least 5 years (DTaP, polio, MMR, Hib and HepB vaccines) Child immunization series, 2010 target: increase the proportion to 90%</p> <p>Adolescent immunization series, 1997: 48% of adolescents aged 13 to 15 years received 3 or more doses of hepatitis B vaccine, 89% received 2 or more doses of MMR, 93% received 1 or more tetanus –diphtheria booster, and 45% received 1 or more doses of varicella (for chickenpox) Adolescent immunization series 2010 target: increase the proportions for all vaccines to 90%</p>
<p>Preventive Dental Services Regular risk assessments and anticipatory guidance in order to promote oral health; regular oral examinations and diagnostic procedures.</p>	<ul style="list-style-type: none"> • Annual dental visits 		<p>Oral health, 1994: 28% of children aged 8 years and 15% of adolescents aged 14 years received dental sealants on their molar teeth Oral health, 2010 target: increase the proportion to 50% for both groups</p>

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CATEGORY: PREVENTIVE SERVICES			
<p>Early Intervention Services for Mental Health / Substance Abuse Medical services designed to educate and counsel individuals and families about behaviors that facilitate mental health; improve personal resiliency; facilitate early intervention and prevent the escalation of sub-clinical problems; and monitor and treat V-code conditions.</p>			<p>Mental health, 2001: 59% of children with mental health problems received treatment Mental health, 2010 target: increase the proportion of children with mental health problems who receive treatment to 66%</p> <p>Alcohol use, 2002: 51% of individuals age 12 and above consume alcohol; 17.6% of adolescents aged 12 to 17 consume alcohol</p> <p>Alcohol misuse, 2002: 10.7% of adolescents aged 12 to 17 binge drink (five or more drinks on the same occasion within the past 30 days) Alcohol misuse, 2010 target: reduce adolescents engaging in binge drinking during the past month to 3.1%</p> <p>Alcohol misuse (adults), 1998: 24.3% of adults aged 18 and older binge drink Alcohol misuse (adults), 2010 target: reduce proportion to 13.4%</p>
<p>Preventive Vision Services Medical services designed to identify children who may have eye or vision abnormalities or risk factors for developing eye problems.</p>			<p>Vision, 2002: 36% of children aged 5 years and under had ever had their vision screened in 2002 Vision, 2010 target: increase the proportion to 52%</p>
<p>Preventive Audiology Screening Services Medical services to detect and diagnose speech, hearing, and language disorders.</p>			<p>Hearing, 2001: 66% of newborns receive screenings for hearing loss before age 1 month, 56% receive audiologic evaluation before age 3 months, and 57% are enrolled in appropriate intervention services by age 6 months Hearing, 2010 target: increase the proportion of newborns who are screened for hearing loss by age 1 month to 90%, have audiologic evaluation by age 3 months to 70%, and are enrolled in appropriate intervention services by age 6 months to 85%</p>

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CATEGORY: PREVENTIVE SERVICES			
<p>Unintended Pregnancy Prevention Services Medical services designed to facilitate the prevention of unintended pregnancies and promote healthy approaches to family planning.</p>			<p>Unintended pregnancies, 1995: 51% of pregnancies in the U.S. are intended Unintended pregnancies 2010 target: increase rate to 70%</p> <p>Condom use, 1999: 85% of adolescents abstained from intercourse or used condoms if sexually active Condom use, 2010 target: increase the proportion to 95%</p> <p>Contraceptive use, 1995: 93% of females aged 15 to 44 years who are at risk of unintended pregnancy use contraception Contraceptive use, 2010 target: increase rate to 100%</p>
<p>Preventive Preconception Care Medical services aimed at improving the health outcomes of pregnant women and their infants by promoting the health of women of reproductive age <i>before</i> conception.</p>			<p>Alcohol misuse, 1997: fetal alcohol syndrome occurs in 0.4 per 1,000 live births Alcohol misuse, 2010 target: reduce incidence to 0.1 cases per 1,000 live births</p> <p>Developmental delays and disabilities, 1994: 131 per 10,000 children born suffers from mental retardation and 32.2 per 10,000 suffer from cerebral palsy Developmental delays and disabilities, 2010 target: reduce rate of mental retardation to 124 cases per 10,000 live births and reduce the rate of cerebral palsy to 31.5 cases per 10,000 live births</p> <p>Folic acid, 1994: 21% of non-pregnant women aged 15 to 44 years consume at least 400 mcg of folic acid per day Folic acid, 2010 target: increase rate to 80%</p> <p>Neural tube defects, 1996: 6 cases of spina bifida or other NTD per 10,000 live births Neural tube defects, 2010 target: reduce the number of spina bifida cases to 3 per 10,000 live births</p>

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CATEGORY: PREVENTIVE SERVICES			
<p>Preventive Prenatal Care Medical services designed to facilitate the health of a pregnant woman and fetus, or that have become necessary as a result of a woman being pregnant.</p>	<ul style="list-style-type: none"> • Timeliness of prenatal care • Frequency of ongoing prenatal care 	<ul style="list-style-type: none"> • Timeliness of prenatal care: 91.8% • Frequency of ongoing prenatal care:* 0 visits: 1.9% 1 visit: 1.2% 2 visits: 1.5% 3 visits: 2.7% 4 visits: 5.5% 5 visits: 14.3% 6 or more visits: 72.9% 	<p>Prenatal care, 2004: 84% of pregnant women received timely prenatal care Prenatal care, 2010 target: increase rate to 90%</p> <p>Sexually transmitted infections (STIs), 2010 target: increase the proportion of pregnant females screened for STIs (including HIV infection and bacterial vaginosis) during prenatal healthcare visits</p> <p>Tobacco and substance use, 2002: 11% of pregnant women smoke, 1997: 14% of pregnant women drink alcohol, 1% binge drink, and 2% use illicit drugs Tobacco and substance use 2010 target: reduce smoking rate to 1%, alcohol use rate to 6%, binge drinking rate to 0%, and illicit drug use rate to 0%</p>
<p>Preventive Postpartum Care Medical services that are necessary for the health of the woman post-pregnancy and/or the newborn infant.</p>	<ul style="list-style-type: none"> • Timeliness of postpartum care 	<ul style="list-style-type: none"> • Timeliness of postpartum care: 81.5% 	<p>Breastfeeding, 2002: 43% of mothers breastfeed exclusively for 3 months Breastfeeding, 2010 target: increase the proportion to 60%</p> <p>Breastfeeding, 2002: 13% of mothers breastfeed exclusively for 6 months Breastfeeding, 2010 target: increase the proportion to 25%</p>

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CATEGORY: PREVENTIVE SERVICES			
<p>Preventive Services (General) Medical services that are designed to detect the existence of, or risk for, diseases, conditions, and problems.</p>	<ul style="list-style-type: none"> • Cervical cancer Screening • Medical assistance with smoking cessation • Chlamydia screening in women 	<ul style="list-style-type: none"> • Cervical cancer screening: 81.8% <p><i>Tobacco use:</i></p> <ul style="list-style-type: none"> • Advising smokers to quit: 71.2% • Discussing cessation medications: 39.4% • Discussing quitting strategies: 39.0% <p><i>Sexually transmitted infections (STIs):</i></p> <ul style="list-style-type: none"> • Chlamydia screening: 16 to 20 years: 34.4% 21 to 25 years: 35.2% 	<p>Cervical Cancer, 2010 target: increase the proportion of women who receive a Pap test to 97%.</p> <p>Tobacco use, 1999: 20% of adult females and 25% of adult males smoke Tobacco use, 2010 target: reduce adult smoking rate to 12%</p> <p>Obesity (children), 1994: 11% of children between 6 to 19 years are overweight or obese Obesity (children), 2010 target: reduce proportion to 5%</p> <p>Motor vehicle injuries, 2002: 8.4 per 100,000 deaths result from a motor vehicle crash (age-adjusted deaths) Motor vehicle injuries, 2010 target: reduce rate to 8.0 deaths per 100,000</p> <p>Sexually transmitted infections (STIs)</p> <p>Chlamydia, 2002: 25% of sexually active women aged 25 and under enrolled in commercial managed care organizations are screened for Chlamydia infection Chlamydia, 2010 target: increase the proportion to 62%</p> <p>Genital herpes, 1994: 17% of adults aged 20 to 29 years have a genital herpes infection Genital herpes, 2010 target: reduce proportion to 14%</p> <p>Gonorrhea, 2002: there are 279 new cases of gonorrhea among women aged 15 to 44 years per 100,000 population Gonorrhea, 2010 target: reduce the incidence to 42 new cases per 100,000 population</p>

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CATEGORY: PHYSICIAN/PRACTITIONER SERVICES			
<p>Services Delivered by a Primary Care Provider Medical services delivered in the primary care setting that are diagnostic, therapeutic, rehabilitative, or palliative in nature.</p>	<ul style="list-style-type: none"> • Appropriate treatment for children with upper respiratory infection • Appropriate testing for children with pharyngitis • Board certification 	<ul style="list-style-type: none"> • Appropriate treatment for children with upper respiratory infection: 82.9% • Appropriate childhood testing for pharyngitis: 69.7% • Board Certification*: OB/GYN: 80.1% Primary Care Provider: 82.8% Pediatrician: 74.1% 	<p>Medical home, 2001: 53% of children with special health care needs received care in a medical home Medical Home, 2010 target: increase the proportion to 100%</p> <p>Primary Care, 1996: 77 % of the population had a usual primary care provider Primary Care, 2010 target: increase percentage of population with a usual primary care provider to 85%</p>
<p>Services Delivered by a Mental Health/Substance Abuse Provider Medical services delivered by or under the direction of a mental health professional or primary care provider.</p>	<ul style="list-style-type: none"> • Antidepressant medication management to continue treatment 	<ul style="list-style-type: none"> • Initiation of drug dependence treatment: 44.5%; Engagement of drug dependence treatment: 14.1% • Continuation of antidepressant treatment: 45.0% 	<p>Mental health, 2001: 59% of children with mental health problems received treatment Mental health, 2010 target: increase the proportion who receive treatment to 66%</p> <p>Co-occurring disorders, 2002: 51% of persons with co-occurring substance abuse and mental disorders received treatment for both disorders Co-occurring disorders, 2010 target: increase the proportion of persons with co-occurring substance abuse and mental disorders who receive treatment for both disorders to 57%</p>
<p>Services Delivered by a Specialty Provider or Surgeon Medical services delivered by a specialty physician or surgeon that are diagnostic, therapeutic, rehabilitative, or palliative in nature.</p>	<ul style="list-style-type: none"> • Board certification 	<ul style="list-style-type: none"> • <i>Board Certification:</i>* OB/GYN: 80.1% Primary Care Provider: 82.8% Pediatrician: 74.1% 	
<p>E-visits and Telephonic Visits Two-way electronic communication (via telephone or email) between a beneficiary and a provider that takes the place of an office visit.</p>			

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CATEGORY: EMERGENCY CARE, HOSPITALIZATION, AND OTHER FACILITY-BASED CARE			
<p>Emergency Room Services Services provided to an individual who is experiencing a sudden or unexpected condition that may endanger the life of the individual or could result in a serious injury or disability and thus requires immediate medical attention.</p> <p>Urgent Care Services Ambulatory care services delivered to an individual who is experiencing a medical condition that is serious or acute and requires medical attention within 24 hours, yet does not pose an immediate threat to life or health.</p>	<ul style="list-style-type: none"> • Use of appropriate medications for people with asthma 	<ul style="list-style-type: none"> • Persons with persistent asthma (one or more ER visit) prescribed medications: 89.9% 	<p>Asthma, 1997: 150 per 10,000 children under 5 years and 71.1 per 10,000 persons aged 5 to 64 visited a hospital ER for asthma Asthma, 2010 target: reduce hospital ER visits for asthma to 80 for under 5 years and 50 for persons aged 5 to 64 per 10,000</p>
<p>Inpatient Substance Abuse Detoxification Medical services designed to facilitate the medical process of detoxification.</p>	<ul style="list-style-type: none"> • Initiation and engagement of alcohol and other drug dependence • Chemical dependency utilization – inpatient discharges and average length of stay 	<ul style="list-style-type: none"> • Initiation of drug dependence treatment: 44.5% • Engagement of drug dependence treatment: 14.1% • Chemical dependency utilization.* Inpatient discharges: 1.4 per 1,000, average length of stay: 5.2 days 	<p>Substance abuse, 2002: 78% of adolescents reported not using alcohol or any illicit drugs during the past 30 days Substance abuse, 2010 target: increase the proportion to 91%</p> <p>Substance abuse treatment, 2002: 18% received illicit drug treatment and 10% received alcohol treatment Substance abuse treatment, 2010 target: increase the proportion of persons who need alcohol and/or illicit drug treatment and received specialty treatment for abuse or dependence in the past year</p>

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CATEGORY: EMERGENCY CARE, HOSPITALIZATION, AND OTHER FACILITY-BASED CARE			
<p>Inpatient Hospital Service: General Inpatient/Residential Care (Including Mental Health / Substance Abuse) Medical services that are diagnostic, therapeutic, rehabilitative, or palliative in nature and are furnished in a facility such as a hospital or appropriately accredited residential treatment facility.</p>	<ul style="list-style-type: none"> • Antidepressant medication management to continue treatment • Initiation and engagement of alcohol and other drug dependence • Inpatient utilization – general hospital/acute care • Mental health utilization – inpatient discharges and average length of stay • Mental health utilization – percentage of members receiving inpatient and intermediate care and ambulatory services 	<ul style="list-style-type: none"> • Continuation of antidepressant treatment: 45.0% • Initiation of drug dependence treatment: 44.5% • Engagement of drug dependence treatment: 14.1% • Inpatient utilization – general hospital/acute care. * Average length of stay: 3.6 days, total inpatient discharges per 1,000: 56.7 • Mental health utilization – percentage of members receiving inpatient and intermediate care and ambulatory services:* 5.7% 	<p>Depression, 1997: 23% of Adults aged 18 years and older with depression receive treatment Depression, 2010 target: increase the proportion to 50%</p> <p>Mental health, 2001: 59% of children with mental health problems received treatment Mental health, 2010 target: increase the proportion to 66%</p> <p>Substance abuse, 2002: 78% of adolescents reported not using alcohol or any illicit drugs during the past 30 days Substance abuse, 2010 target: increase the proportion to 91%.</p> <p>Substance abuse treatment, 2002: 18% received illicit drug treatment and 10% received alcohol treatment Substance abuse treatment, 2010 target: increase the proportion of persons who need alcohol and/or illicit drug treatment and received specialty treatment for abuse or dependence in the past year</p>
<p>Inpatient Hospital Service or Birth Center Facilities: Labor / Delivery Medical services specifically designed to facilitate labor and delivery.</p>	<ul style="list-style-type: none"> • Births and average length of stay, newborns • Discharge and average length of stay – maternity care 	<ul style="list-style-type: none"> • Maternity care.* Average length of stay: C-section: 3.6 days, vaginal delivery: 2.2, total deliveries: 2.7 • Newborns.* Average length of stay: well newborns: 2.2 days, complex newborns: 16.5, total newborns: 3.3 	<p>Cesarean births, 1998: 18% of women giving birth for the first time and 72% of women with prior cesarean births had a cesarean birth Cesarean births, 2010 target: reduce cesarean births among low-risk women to 15% for first birth; 63% for prior cesarean births</p> <p>Genetic and endocrine conditions, 2010 target: ensure that all newborns are screened at birth for conditions mandated by their State-sponsored newborn screening programs</p>
<p>Ambulatory Surgical Facility or Outpatient Hospital Services Medical services that are preventive, diagnostic, therapeutic, or rehabilitative in nature and are delivered in an ambulatory surgical or an outpatient hospital facility.</p>			

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CATEGORY: EMERGENCY CARE, HOSPITALIZATION, AND OTHER FACILITY-BASED CARE			
<p>Mental Health / Substance Abuse Partial-Day Hospitalization (or Day Treatment) Services Mental health / substance abuse services.</p>	<ul style="list-style-type: none"> • Antidepressant medication management to continue treatment • Initiation and engagement of alcohol and other drug dependence • Mental health utilization – Percentage of members receiving inpatient and intermediate care and ambulatory services 	<ul style="list-style-type: none"> • Continuation of antidepressant treatment: 45.0% • Initiation of drug dependence treatment: 44.5% • Engagement of drug dependence treatment: 14.1% • Mental health utilization – Percentage of members receiving:* inpatient care: .28% intermediate care: .05% ambulatory services: 5.72% 	<p>Mental health, 2001: 59% of children with mental health problems received treatment Mental health, 2010 target: increase the proportion to 66%</p> <p>Substance abuse, 2002: 78% of adolescents reported not using alcohol or any illicit drugs during the past 30 days Substance abuse, 2010 target: increase the proportion to 91%</p> <p>Substance abuse treatment, 2002: 18% received illicit drug treatment and 10% received alcohol treatment Substance abuse treatment, 2010 target: increase the proportion of persons who need alcohol and/or illicit drug treatment and received specialty treatment for abuse or dependence in the past year</p>
<p>Prescription Drugs Medications used to prevent, treat, or manage any medical condition.</p>	<ul style="list-style-type: none"> • Antidepressant medication management to continue treatment • Antibiotic utilization • Use of appropriate medications for people with asthma 	<ul style="list-style-type: none"> • Continuation of antidepressant treatment: 45.0% • Persons with persistent asthma (one or more ER visit) prescribed medications: 89.9% 	<p>Mental health, 2001: 59% of children with mental health problems received treatment Mental health, 2010 target: increase the proportion to 66%</p>

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CATEGORY: THERAPEUTIC SERVICES/ANCILLARY SERVICES			
<p>Dental Services Medical services specifically designed to address oral health.</p>			<p>Dental caries, 1994: 52% of children have experienced dental caries in their primary and permanent teeth Dental caries, 2010 target: reduce proportion to 42%</p>
<p>Vision Services Refractive exams for eyeglasses, contacts, or other low vision aids, and vision therapy.</p>			<p>Vision screening, 2002: 36% of children aged 5 years and under had ever had their vision screened Vision screening, 2010 target: increase the proportion to 52% of preschool children</p> <p>Blindness, 1997: 24 per 1,000 children and adolescents aged 17 years and under were blind or visually impaired Blindness, 2010 target: reduce proportion to 18 per 1,000</p>
<p>Audiology Services Medical services specifically designed to address hearing loss.</p>			<p>Deafness, 2001: adults aged 20 to 69 years with hearing loss who have ever used a hearing aid, 149.6 per 1,000; persons who are deaf or very hard of hearing and who have new cochlear implants, 51 per 1,000 Deafness, 2010 target: increase the proportion of persons with hearing impairments who have ever used a hearing aid or assistive listening devices to 155.0 per 1,000 or who have cochlear implants to 56 per 1,000</p>
<p>Nutritional Services Medical services specifically designed to address beneficiary diet and nutrition.</p>			<p>Healthy diet, 1996: 28% of persons aged 2 years and older consumed at least two daily servings of fruit, 3% consumed three daily servings of vegetables, and 7% consumed six daily servings of grains Healthy diet, 2010 target: increase the proportion of fruits to 75%, vegetables to 50%, and grains to 50%</p>

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CATEGORY: THERAPEUTIC SERVICES/ANCILLARY SERVICES			
<p>Occupational, Physical, and Speech Therapy Services Medical services designed to assist people regain or develop performance skills; medical services designed to relieve symptoms, improve function, and prevent further disability for individuals disabled by chronic or acute disease or injury; medical services for beneficiaries with speech, hearing, or language problems.</p>			<p>Disabilities, 1996: 45% of children and youth aged 6 to 21 years with disabilities spent at least 80% of their time in regular education programs Disabilities, 2010 goal: increase the proportion of children and youth with disabilities who spend at least 80% of their time in regular education programs to 60%</p>
<p>Infertility Services Medical services designed to diagnose and address infertility.</p>			<p>Infertility, 1995: 13% of married couples with wives aged 15 to 44 years had impaired ability to conceive or maintain a pregnancy Infertility, 2010 target: reduce the proportion to 10%</p>
<p>Home Health Services Medical services that are provided to a beneficiary at his/her place of residence upon physician order as part of a written plan of care.</p>			
<p>Hospice Care Medical and social services designed to support and care for persons in the last phase of an incurable disease so that they may live as fully and comfortably as possible.</p>			<p>Hospice, 2010 target: reduce the proportion of adults with long-term care needs who do not have access to the continuum of long-term care services</p>
<p>Durable Medical Equipment, Supplies, Medical Food Necessary medical products suitable for use in the home; foods used to prevent, treat, or manage a medical condition.</p>			<p>Equipment, 2002: 17% of people with disabilities reported not having the assistive devices and technology needed Equipment, 2010 target: reduce the proportion to 7%</p>
<p>Transportation Services Transport services to or from the nearest hospital equipped to adequately treat a beneficiary's condition.</p>			

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CATEGORY: LABORATORY DIAGNOSTIC, ASSESSMENT, AND TESTING SERVICES			
Laboratory Services Medical services designed to confirm or deny the existence or severity of a particular disease or condition.			
Diagnostic, Assessment, and Testing (Medical and Psychological) Services Medical services designed to confirm or deny the existence or severity of a particular disease or condition.			

Notes: The NCQA Report on the State of Health Care Quality is based on 500 health plans that voluntarily report HEDIS measurements to NCQA.
 * Available in the 2007 NCQA *State of Health Care Quality Report*. Available at: <http://web.ncqa.org/>

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All information from NCQA was adapted from:

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