

SUMMARY PLAN DESCRIPTION LANGUAGE

Summary Plan Description Language: Tobacco Use Treatment (Screening)

Covered Screening

Screening for tobacco use is a covered benefit beginning at age 18. Coverage is provided for younger populations depending on risk and need.

Initiation, Cessation, and Interval

Screening may be conducted at every clinical encounter.

Summary Plan Description Language: Tobacco Use Treatment (Counseling)

Covered Counseling

Brief counseling (in-person) and intensive counseling (in-person or over the telephone) are covered benefits for tobacco use treatment.

Initiation, Cessation, and Interval

Beneficiaries who meet criteria are eligible for 2 courses of 6 counseling sessions per calendar year, for a total of 12 sessions per calendar year.

Summary Plan Description Language: Tobacco Use Treatment (Treatment)

Covered Treatment

All FDA-approved nicotine replacement products and tobacco cessation medications are covered.

Initiation, Cessation, and Interval

Medications are covered as prescribed by a clinician.

Treatment Services Not Covered

Neither hypnosis nor acupuncture has been demonstrated to be effective for tobacco cessation and these services are therefore not covered.