

# SUMMARY PLAN DESCRIPTION LANGUAGE

## Summary Plan Description Language: Osteoporosis (Screening)

### Covered Screening

Screening for osteoporosis is a covered benefit. Screening may include the use of standardized instruments such as the Osteoporosis Risk Assessment Instrument (ORAI) and the Simple Calculated Osteoporosis Risk Estimation tool (SCORE) and/or use of the following:

- Dual-energy x ray absorptiometry (DXA)
- Peripheral dual-energy x-ray absorptiometry,
- Peripheral quantitative computed tomography
- Radiographic absorptiometry
- Single-energy absorptiometry
- Ultrasound

### Initiation, Cessation, and Interval

Screening is provided for normal-risk women beginning at age 65. Screening is a covered benefit for all men beginning at age 70. High-risk women and men are eligible for screening beginning at age 60, or as otherwise medically indicated. Screening may not be conducted more frequently than once every 2 calendar years.

## Summary Plan Description Language: Osteoporosis (Treatment)

### Covered Treatment

All FDA-approved medications for the treatment of osteoporosis are covered for beneficiaries aged 60 and older who meet medical necessity criteria for the treatment of osteoporosis.

### Initiation, Cessation, and Interval

The duration of treatment is determined by the type of medication used and its dosage. Coverage is provided for medications, as prescribed by a clinician.