

SUMMARY PLAN DESCRIPTION LANGUAGE

Summary Plan Description Language: Healthy Pregnancy (Screening, Testing, Counseling, Preventive Medication, and Treatment)

Folic Acid Supplementation (Counseling)

Covered Counseling

Counseling to promote the use of folic acid supplements (for the prevention of neural tube defects) is a covered benefit.

Initiation, Cessation, and Interval

Counseling on folic acid supplementation is a covered benefit for all women considering pregnancy and all pregnant women through the first trimester of pregnancy.

Summary Plan Description Language: Folic Acid Supplementation (Preventive Medication)

Covered Preventive Medications

- Prescription strength folic acid
- Prenatal vitamins containing folic acid

Initiation, Cessation, and Interval

Folic acid medications of any type are covered, when used to reduce the risk of having a pregnancy affected by a neural tube defect.