

# SUMMARY PLAN DESCRIPTION LANGUAGE

## Summary Plan Description Language: Diabetes (Screening)

### Covered Screening

- Fasting plasma glucose test (FBG)
- 2-hour post-load plasma glucose
- Oral glucose tolerance test (OGTT)

### Initiation, Cessation, and Interval

Diabetes screening is a covered benefit for beneficiaries of any age with hypertension or hyperlipidemia (lipid disorders). Screening should be initiated whenever these conditions are diagnosed. Screening should be conducted, depending on risk, at least once every 3 years, but not more than once during any calendar year.

Coverage for diabetes screening among those at high risk for the disease is provided beginning at age 30, if medically indicated. Screening should be conducted at least once every 2 years, but not more than once during any calendar year.

Coverage for diabetes screening among individuals at normal risk for the disease is provided beginning at age 45, or earlier if medically indicated. Screening may be conducted once every 3 years.

Individuals with impaired glucose function diagnosed by any test listed in “covered screening methods” qualify for a second screen to verify disease status. The secondary screening should be conducted on another day in the same calendar month.